

Rebel blood

by Andrea Aguilar Ferro

My blood is a rebel
She flows without violence
Without bullets
Or fear

My blood kindles new horizons
On the edge of time she paints the world in red
Hugs the little girl
And she talks to the infinite and the ancestors
She flows collectively
Historical
And free

My menstrual blood is an anti-patriarchal song
A red poem
A woman living in freedom
It is my living body
It is memory
It is life
Laughter
And smells like dignity.

Andrea Aguilar Ferro is a Guatemalan menstrual activist and educator, the co-founder of Guatemala Menstruante and Nana Luna (projects dedicated to eradicating the menstrual taboo in Guatemala and enhancing new narratives that contribute to achieving menstrual justice), a feminist anthropologist, and the mother of a daughter. She currently holds the scholarship for the Erasmus Mundus Master's Degree on Women's and Gender Studies in the universities of Lodz in Poland and Granada, Spain. Her research focuses on menstruation, menstrual experiences, body experiences, anti-colonial perspectives, feminism, and diverse forms of activism.

As a passionate writer, Andrea believes the relationship between poetry and sexual and reproductive justice is powerful and complex. Through her work, she aims to give space to topics that are too often stigmatized and taboo. She connects emotions with political struggles and invites readers to reflect on their own experiences and perhaps change their narratives around these issues. Andrea believes that poetry is both deeply personal and a powerful tool to unveil collective experiences and voices.